



Eastern Bay Villages Te Kokoru Manaakitanga

June/ July 2021

Ph 020 4161 5887

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Pou Ārahi: Jo **Coordinators:** Ruth, Paula, Pip & Kylie
Digital Literacy Co-ordinator Anaru

Kia ora koutou,

Over recent months our Eastern Bay Villages team has grown, as have our membership numbers. These are exciting times as we can do so much more now. Over the next few weeks you will meet our new kaimahi (staff) at some wonderful events planned.

Here's the new roles (all part time, some just a few hours a week):

- Ruth Gerzon – Executive Officer
- Janet Milbank – Administration and Finance
- Jo Tahuri – Pou Arahi
- Kylie Carpenter – Homeshare and General Coordinator
- Paula Hocken – Coordinator for Edgecumbe & The Plains
- Pip Norvell – Coordinator for Taneatua Area
- Anaru Ranapia – Digital Literacy Coordinator
- Mei Leong – Accessible Transport Solutions Coordinator

Digital Tutu Expo - Thurs 15 July

11:00 – 1 pm Knox Church, Domain Rd, Whakatane.

Our Digital Expo will cover

- Tablets, laptops, phones – choosing and using
- Whakatane Library - Setting up a Computer and Laptop / Ebooks / ABCs
- Youtube
- Civil Defence Apps
- MyMSD
- Apps that enhance your health - Life Curve
- Manage My Health/Covid Tracer App
- Banking
- Managing Passwords and Online Safety
- Facebook

Assistants will support you to try the apps.

Bring a friend and try something new



Our Digital Literacy Coordinator, Anaru Ranapia, shows Leonie McRae how to fill out a form on her phone.

Introducing Mei Leong - Transport Project Coordinator



Kia Ora! I've recently taken on the role of Project Coordinator for Accessible Transport Solutions, and really appreciate this opportunity to be a part of the Eastern Bay Villages Te Kokoru Manaakitanga whānau. It is a privilege to be involved with community groups in the Bay – I've previously worked over a decade with Coastcare, supporting community conservation efforts, and had several years with Pou Whakaaro. Born and raised (mostly) in the Bay of Plenty, I have also spent time living in the UK and Asia, and place a high value on the inclusion of all cultures and people within Aotearoa. My personal interests and hobbies include nature & bush-walking, arts & crafts, and history (Whakatāne Historical Society committee member). I'm very excited to take on this new project, and see much value in finding community transport solutions for the benefit of our community.

We have long been concerned about the limited transport provisions in our community, especially for those who don't drive anymore. This is a major cause of vulnerability and isolation, both for seniors and for younger people with disabilities. Long term solutions are needed to ensure accessible and affordable transport is available to everyone, no matter where they live.

This year we received Lottery funding to solve some of the transport issues people face. We began establishing a reference group of people with lived experience of issues faced by those who do not drive. They named our project: **Accessible Transport Solutions**. Then both the Whakatāne District Council and the Bay of Plenty Regional Council, with all their expertise, came on board as advisers and contributed to funding the initial research. Joe Metcalfe who supports the Councils' transport work, says this is about "Councils supporting communities to support themselves".

Many towns now have charitable trusts that own vehicles and coordinate volunteer drivers. That might be one solution. For rural dwellers we may need an app, connecting those travelling with those who need a lift. Other ideas will come to light as we discuss this with other interested people and groups. Mei Leong, is researching needs and collating information on resources available and solutions working elsewhere. The more ideas, time and energy we can bring to this project the more successful it will be. If you can support it in any way, or would like to participate in our research survey, please email Mei on eboptransportsolutions@gmail.com.

Member Contribution Ideas

Looking for something to do, someone to connect with?

Do you have an hour or so to spare?

Would you like to support other members but are not sure how? Here's a few ideas.....

Could you visit other members in their homes?

Some find it difficult to get out often.

Those who visit others will also meet to support each other and share ideas/concerns, and if you go away we can find someone else to fill in.

Are you a part of an activity or group that you would like to invite others to?

Some specific requests are for:

- Drivers both locally, and to drive members to specialist appointments in Tauranga.
- We need someone to read this newsletter or the local newspaper to a visually impaired member.
- Digital buddies (see inset box on right) to share knowledge with others
- A man in Whakatane would like to learn new cooking skills and to have a meal with company now and then.
- If you enjoy baking, we always welcome home baking at our meetings.
- We quite often need flyers to be delivered in the Whakatane and Taneatua
- Support on stalls at events and market days

Can you use Facebook?

Can you use contacts in your phone?

Do you use email? Can you attach documents and photos to emails?

If so you could be a **digital buddy** and teach someone else how to do that.

And if you want to know something more yourself, such as how to file all those photos, then we can look for someone with those skills to support your learning.

We really need people with even the smallest of digital skills

If any of these ideas interest you or you have any other suggestions, please let us know

Jo, Paula, Pip and Kylie can always find ways for members to use their valuable time. But we find now that there's so many members we may forget to contact some of you. So don't hesitate to remind us, jog our memories, talk to us about what you might like to be doing. We love to hear from you

Support for public meetings

If members have time to contribute to these meetings their support is most welcome.

There's a variety of roles: setting up the room, greeting visitors, serving tea, washing up, karakia, facilitation. Contributions of flowers make the room look brighter, and scones and cakes are better than supermarket biscuits.



Matariki 2021

Matariki is the Māori name for the cluster of stars also known as the Pleiades.

It rises in mid-winter and for many Māori, it signals the start of a new year.

Matariki is a celebration of people, culture, language, spirituality and history.

Matariki literally means the 'eyes of god' (mata ariki) or 'little eyes' (mata riki)

On Tuesday the 29th of June we will be having a pre-Matariki Celebration.

We will have a shared lunch and the opportunity to share and learn more about Matariki, ways to celebrate and activities you could do to mark the beginning of the Maori New Year.

This will be held at the Knox Church, Domain Road Whakatane at 10:30am -12:30

All welcome....Please bring a plate along for shared lunch

Funeral Guide Training – Confirmed Dates & Venues

We have confirmed our dates and venues for our funeral guide training.

These are as follows:

Saturday the 17th of July – Knox Church Whakatane

Sunday 18th of July – Disability Resource Centre 141 King Street, Whakatane

Saturday the 21st & Sunday the 22nd of August –

Iramoko Marae 244 Withy Road, Manawahe

Saturday the 11th of August – Knox Church Whakatane

Sunday 12th of August – Disability Resource Centre 141 King Street, Whakatane

If any of our members are available to help out with catering on these weekends please let Jo or Ruth know

Eastern Bay Villages / Te Kokoru Manaakitanga Contact Details

For all enquiries Ph 020 4161 5887 and Jo will put you in contact with who you need to speak with or

Email us on : easternbayvillages@gmail.com

Coffee Mornings

These informal gatherings enable members to get to know each other, share ideas and plan regular outings

Whakatane Coffee Mornings are held at 10.30 – 12 noon every Monday (except for public holidays) at the Knox Presbyterian Church, 83 Domain Road

Taneatua Coffee Mornings are held fortnightly at 10.00 – 12 noon every fortnight (except for public holidays) at New Venue TBC Taneatua

Edgecumbe Coffee Morning & Guest Speaker Dates for 2021

July 20, August 17, September 21, October 19, November 16....December TBC (Christmas Celebration)
10:30 – 12:30 at St David's Church Hall, 51 College Road, Edgecumbe

All Welcome...feel free to bring a friend along!



In the search box search "Te Kokoru Manaakitanga / Eastern Bay Villages" and click on join

I asked my guru, "Which is more important, the journey or the destination?"

He replied, "The company."



Core group meetings bring members together to share ideas, suggestions and plan future events...

Our next core group meeting will be held on Tuesday the 13th of July at 11:30 at the Knox Church, Domain Road, Whakatane

Core Group Meetings

Our core group meetings are an important part of what we do

These meetings give members the opportunity to meet with coordinators and discuss where we can make improvements, plan future events and share ideas...

Due to the Digital Tutu Expo there will be no guest speaker for July but we will hold our core group meeting at 11:30am on Tuesday the 13th of July

Everyone is welcome and we do encourage you to come along

Edgecumbe & The Plains

Our July guest speakers will be the
Edgecumbe Volunteer Fire Brigade

Tues 20th of July, 10.30am
(speaker from 11 am)

St David's Church Hall, College Road, Edgecumbe
All welcome, please bring a plate for shared morning tea

International Elder Abuse & Neglect Awareness Day Tuesday the 15th of June 2021



We were very privileged to have had Kassie Ellis and her team from Manaaki Ora come along to share advice on Elder Abuse.

If you're concerned that someone may be experiencing elder abuse call

0800 32 668 65

ELDER ABUSE IS NOT OK



Homeshare



This lovely photo was taken at Eileen Bell's 99th birthday party at the RSA.

From left: Andrea, homesharer, Isabella (relief homeshare), Eileen and Kylie, new homeshare coordinator.

If you or anyone you know would like to know more about homeshare please give us a call

What is homeshare?

Homesharing connects two people who can mutually benefit from living together. It provides companionship, friendship, kindness and a safe home for both parties to enjoy life.

The practice is born out of the desire of older people to have the companionship and support they need to stay at home while they age. In exchange for free board, a homesharer will provide about 10 hours support a week. Householders also benefit from the additional safety of having someone there at night.

The support homesharers provide depends on the householders' needs. It could range from driving them to appointments, cleaning, making dinner, caring for pets, going for walks together and gardening. Homesharers do not provide personal care (showering etc) as that is provided by homecare services.

Support Net provide carer support days so, if the homesharer goes on holiday or is ill, then someone else is paid to stay over. We arrange for one of our members to provide that

NETSAFE'S GUIDE TO SCAM SPOTTING

An online scam is any scheme designed to trick people out of money or steal their personal information that uses, or is delivered via, digital communications. Here are a few tell-tale signs you might be being scammed:

- **Contact that is out of the blue** – even if the person says they're from a legitimate organisation like the bank, an embassy or your internet provider
- **Getting told there's a problem with your phone, laptop or internet connections** – often they will offer to fix your device or say they are from your phone or internet company
- **Being asked for passwords** – legitimate organisations will never ask for the passwords to your online accounts
- **Needing to verify your account or details** – don't respond or click on any links in the communication even if it looks like it's from a real organisation
- **Trying to get you to move outside of an online trading or booking website or app (like Air BnB)** – don't pay outside of the normal website or app processes
- **Offering money or a prize in exchange for something up front** – they might say that it's a "processing" fee or something similar
- **Being asked for money by friends/partners you've met online** – this is a very common tactic, do not pay the money
- **Unusual ways to pay for something** – scammers try to use payments that can't be traced such as pre-loaded debit cards, gift cards, bitcoins, iTunes cards or money transfer systems
- **Asking for remote access to your device** – never do this unless you have actively sought out the service they are providing
- **Pressuring you to make a decision quickly** – this could be to avoid something bad (e.g. account being closed, trouble with the IRD) or to take advantage of something good (a deal or investment)

Banks, Immigration New Zealand or Inland Revenue NEVER email, call or text customers to ask for personal information.
If you receive a request like that IT IS A SCAM

A new email scam impersonating the NZTA is being sent around telling vehicle owners their licenses are due.

The email directs the recipient to renew the funds through clicking a 'Renew Now' button at the bottom corner of the email. It then takes the individual to fake website that gets them to fill in personal details.

CERT NZ, the government authority responsible for cyber security said in a tweet, that anyone who receives this email should report it directly to Waka Kotahi (NZTA).

How to spot a phishing scam:

- NZTA will only send an email through if an individual has contacted them first.
- Email addresses will always end in @nzta.govt.nz, @enews.nzta.govt.nz or @reply.nzta.govt.nz.
- The email may be missing specific details that the NZTA will have on file: such as your plate number, the date your vehicle license is due and vehicle make and model.
- Hover over buttons and links to see if the pop-up will take you to a genuine government (.govt.nz) website

Upcoming Events

Tuesday the 29th of June – Beginning of Matariki Celebrations shared lunch
10:30am to 12:30pm at the Knox Church, Whakatane

Monday the 5th of July – Kathy Everitt from the BOPDHB will be at Whakatane Coffee Morning to help those still unsure how to work the Lifecurve App

Tuesday 13th of July – Core Group Meeting
11:30am at the Knox Church, Whakatane

Thursday 15th of July – Digital Tutu Expo
11:30am to 1:30pm at the Knox Church, Whakatane

20th of July – Edgecumbe Coffee Morning and Guest Speaker
10.30am (speaker from 11 am) St David's Church Hall, College Road, Edgecumbe

REMINDER: Our annual 2021/22 Membership fees of \$20 are now due.

These can be paid directly into our EBV Bank account:
Eastern Bay Villages 12-3253-0089385-00.

Please put your name and member in the reference spaces.

We are a registered charity so any koha above the basic membership fee will entitle you to a tax rebate.

Alternatively you can call Jo or Kylie and we can arrange to call around and pick up cash (a receipt will be given)



Making connections

Kylie is going to start calling around to introduce herself members, this process could take some time but expect a phone call at some stage. However, if you require any support, have something you would like to share with another member, have an interest in doing something new - please do get in touch.

Thanks to our funders

Many thanks to the
Professionals
for printing our newsletter.

